



St. Theresa of the Child Jesus  
Totton

St Theresa of the Child Jesus Church, Totton  
Our Lady of the Assumption &  
St Edward the Confessor Church, Lyndhurst  
Catholic Diocese of Portsmouth  
(Reg. Charity No. 1199568)  
Parish Priest: Fr. Henry Jan Nkop MSP  
Serving the Parishes of Totton & Lyndhurst  
Parish Office: 20 Beaumont Road, Totton  
Hants. SO40 3AL  
Tel: 023 8086 2270  
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Lyndhurst Parish Deacon: Rev. Stephen Short  
Lyndhurst Parish Safeguarding Reps.  
Marie Smith & Mark Gammon  
[safeguarding.lyn@portsmouthdiocese.org.uk](mailto:safeguarding.lyn@portsmouthdiocese.org.uk)  
Totton Parish Safeguarding Rep:  
TBA  
Totton Parish Deacon: Rev. Steve Bowler  
Parish Secretary/Administrator  
Steve Bowler (Thursday 9am – 1pm)



Our Lady of the Assumption &  
St Edward the Confessor  
Lyndhurst

<b>Fifteenth Sunday in Ordinary Time Year B Psalter week 3</b>	<b>Sixteenth Sunday in Ordinary Time Year B Psalter week 4</b>
Sat 13th Jul. Mass St. Theresa's. 6.00pm <b>St Henry</b> <b>Fr Peter Ashton - protect him in his ministry</b>	Sat 20th Jul. Mass St. Theresa's. 6.00pm <b>Joseph &amp; Anna RIP</b>
Sun 14th Jul. Mass Our Lady's 9.00am <b>Dave Keggin welfare</b>	Sun 21st Jul. Mass Our Lady's 9.00am <b>People of Ukraine</b>
Sun 14th Jul. Mass St. Theresa's 10.30am <b>Deceased members Welsh &amp; Duffy family</b>	Sun 21st Jul. Mass St. Theresa's 10.30am <b>Healing for Michael &amp; Georgina</b>
Mon 15th Jul. <b>No Mass</b>	Mon 22nd Jul. <b>No Mass</b> <b>St Mary Magdalene (Feast)</b>
Tue 16th Jul Mass St. Theresa's 9.30am <b>Our Lady of Mount Carmel</b> <b>Fr Henry's Birthday: Fr. Godwin Tenkat Nkop</b> <b>2nd Anniversary of Ordination</b>	Tue 23rd Jul Mass St. Theresa's 9.30am <b>St Bridget of Sweden</b>
Wed 17th Jul. Mass St. Theresa's 9.30am <b>St Bonaventure</b> <b>Martin O'Mahony &amp; Family</b>	Wed 24th Jul. Mass St. Theresa's 9.30am <b>St Sharbel MakhluF</b>
Thu 18th Jul Mass Our Lady's 10.00am <b>St. Benedict</b> <b>Conversion &amp; transformation - Joseph Pang</b> Mass St. Theresa's 6.00pm	Thu 25th Jul Mass Our Lady's 10.00am <b>St. James (Feast)</b> Mass St. Theresa's 6.00pm
Fri. 19th Jul. Mass St. Theresa's 9.30am <b>Healing for Frank &amp; Anne</b>	Fri. 26th Jul. Mass St. Theresa's 9.30am <b>Ss Joachim &amp; Anne</b>

Please pray for Clara Nolan, Max Durham, Marie Duffy, Deacon Anthony Cairns, Malcolm Davies, Peter Szymanski, Chris Phelan, John Mills, Glenda Read and Christine Bourne and all those in nursing homes or hospital and other Parish Family members who are ill or in need of our prayer.

**There will be no Thursday Holy Hour while the Church is being decorated.**

**ALL MASSES are being celebrated in the Parish Hall**

**CONFESSIONS** There is confession on request while the Church is being decorated.

**Obligatory Collection this weekend for Apostleship of the Sea (Stella Maris)**

**HAPPY BIRTHDAY & CONGRATULATIONS TO Fr Henry who celebrates his Birthday on Tuesday 16th July.**

**O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving Be every moment thine.**

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**St Theresa's Summer Fete Saturday** A big thank you to everyone who organised and worked hard to make the Fete a success. Also thank you to those who helped and supported on the day to raise the fantastic sum of £848.40. Well done to you all!

**100 Club Why** not join and be a winner too! please take a form at the back of St Theresa's.

**Confirmation and Holy Communion 2025** Please register as soon as possible if you would like your children to be enrolled for 1st Holy Communion or Confirmation next year. The programme will be run together with the Parishes in the Pastoral Area.

**This Sunday, 14th July, is the Fifteenth Sunday Ordinary Time.** Scott Hahn reflects -in commissioning the Apostles in today's Gospel, Jesus gives them, and us, a preview of His Church's mission after the Resurrection. His instructions to the Twelve echo those of God to the twelve tribes of Israel on the eve of their exodus from Egypt. The Israelites likewise were sent out with no bread and only one set of clothes, wearing sandals and carrying a staff (see **Exodus 12:11**; **Deuteronomy 8:2-4**). Like the Israelites, the Apostles are to rely solely on the providence of God and His grace.

**NEW LECTIONARY and Missals.** Thank you to the Parishioners who have kindly and generously offered to provide a donation for the New Lectionaries. If you would like to purchase a new Sunday Missal, please sign the list at the back of the Church.

**An Invitation to a BBQ with our Seminarians** the Vocations Team is hosting the annual gathering of all the Seminarians and Seekers/Discerners in a few weeks' time on Tuesday 30th July. The evening includes a BBQ and ends with Night Prayer. If you are interested in joining the evening yourself as a new enquirer - or know of a man/men in your parish who you may think could be interested in joining the evening, then please can we encourage you to pass news of this opportunity on to them. To receive full details of the gathering please email: [vocations@portsmouthdiocese.org.uk](mailto:vocations@portsmouthdiocese.org.uk) by Friday 20th July.

**This Sunday is Sea Sunday.** When seafarers arrive in a foreign port, they are strangers, often thousands of miles from home. Stella Maris' chaplains and volunteer ship visitors welcome them, listen to their concerns, and help provide what they need. The Stella Maris teams answer Jesus' call to give hospitality to the stranger. They put their faith into action.

On Sea Sunday, which falls on 14th July this year, let us pray for seafarers, fishers, and the work of Stella Maris. Let us remember especially those seafarers who are sailing through conflict zones and those who have been abandoned in distant lands. To find out more about Sea Sunday, please visit:

<https://stellamaris.org.uk/seasunday/>. To donate to Stella Maris, please go to:

<https://stellamaris.org.uk/donate/>